

AGENDA SUPPLEMENT

Children, Culture and Communities Scrutiny Committee

To: Councillors Nicholls (Chair), Clarke (Vice-Chair),
Crawshaw, Cullwick, Cuthbertson, Knight, Nelson,
K Taylor, Waller, and Wilson

Date: Tuesday, 5 November 2024

Time: 5.30 pm

Venue: West Offices - Station Rise, York YO1 6GA

The Agenda for the above meeting was published on **Monday, 28 October 2024**. The attached additional documents are now available for the following agenda item:

- 5. Free School Meals Pilot Year Review** (Pages 1 - 14)
Presentation Slides outlining an evaluation of the York Hungry Minds Pilot by University of Leeds.

This agenda supplement was published on
Monday, 4 October 2024.

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York Universal Free School Meal Pilot

Interim Evaluation

School breakfasts



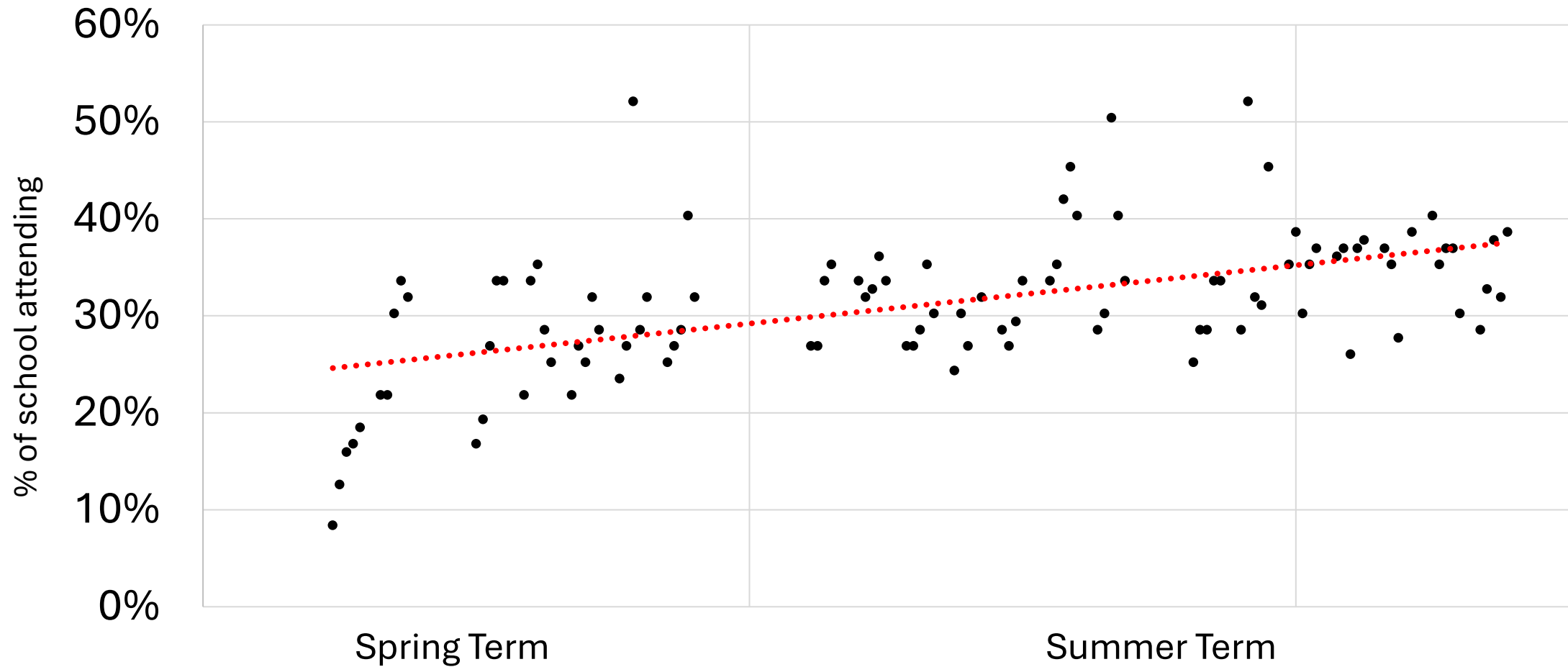
- Arriving to school hungry has a critical impact on **wellbeing** as well as ability to **concentrate** and **learn**.
- Pupils who regularly eat breakfast achieve **better academic outcomes**.
- Breakfast is a key source of **fibre & nutrients** in the diet – skipping or eating poor quality breakfasts reduces the likelihood of whole-diet nutritional adequacy and can **increase risk of obesity**.

Breakfast Pilot: Burton Green Primary School

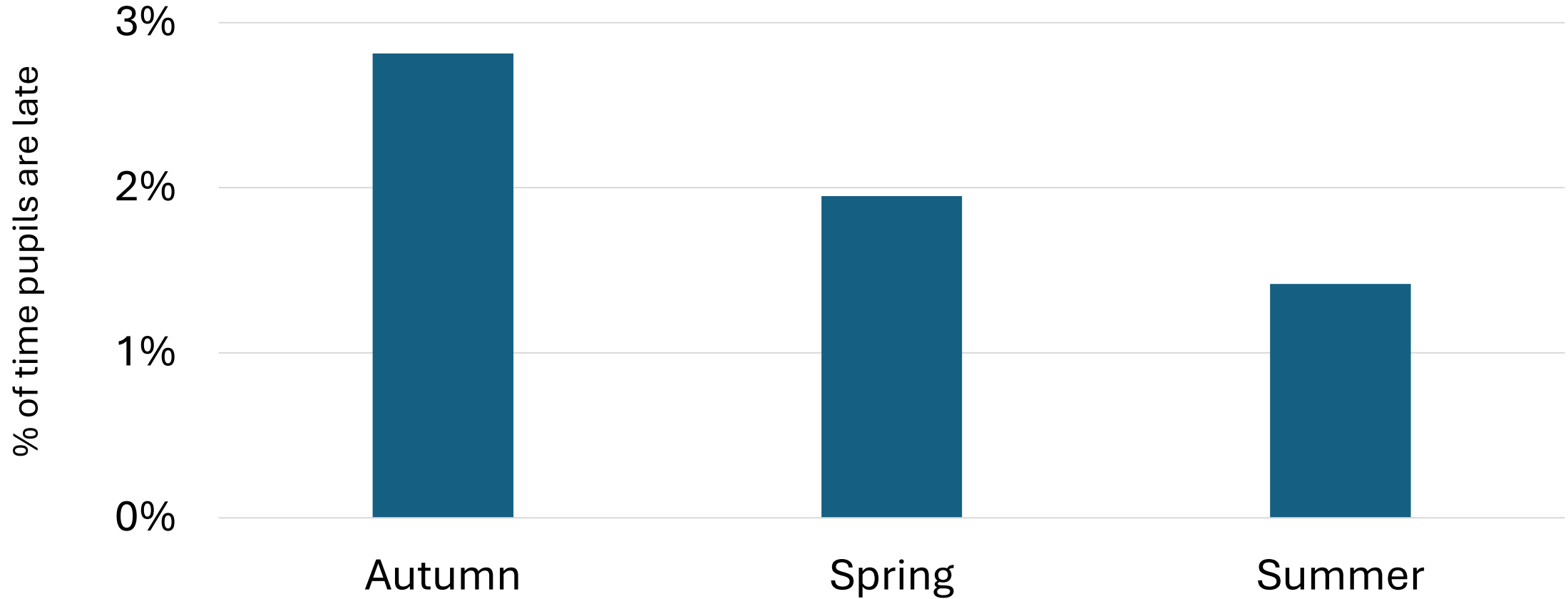
- Small school ~ 120 pupils, 36% eligible for free school meals.
- Breakfast pilot: free healthy breakfast club run each day for 20 minutes before school starts.
- Breakfast club provides a soft start to the school day helping pupils to feel settled and ready to learn.
- Varied menu – porridge, filled bagels, eggs on wholemeal toast, fruit.



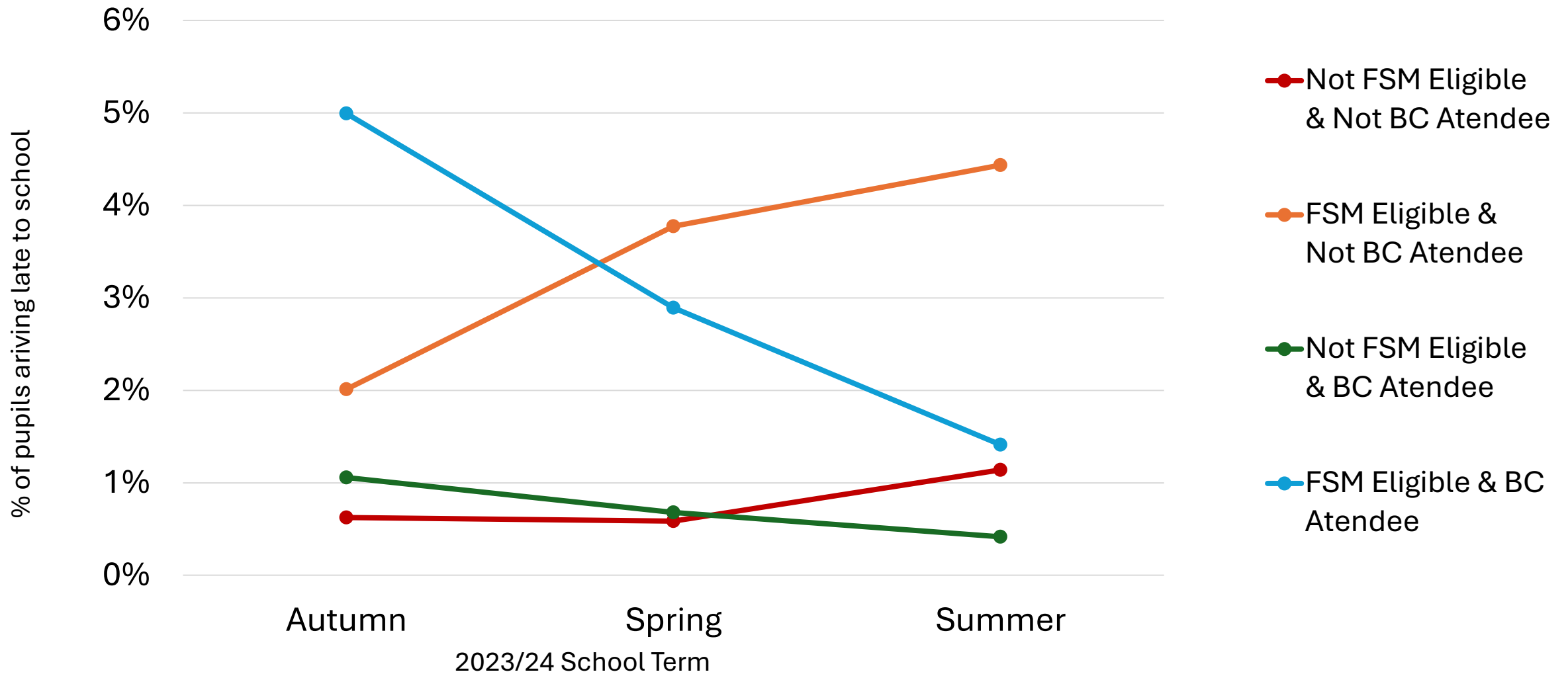
Breakfast Pilot - Uptake



Breakfast Pilot - Lateness



Breakfast Pilot - Lateness



School lunches



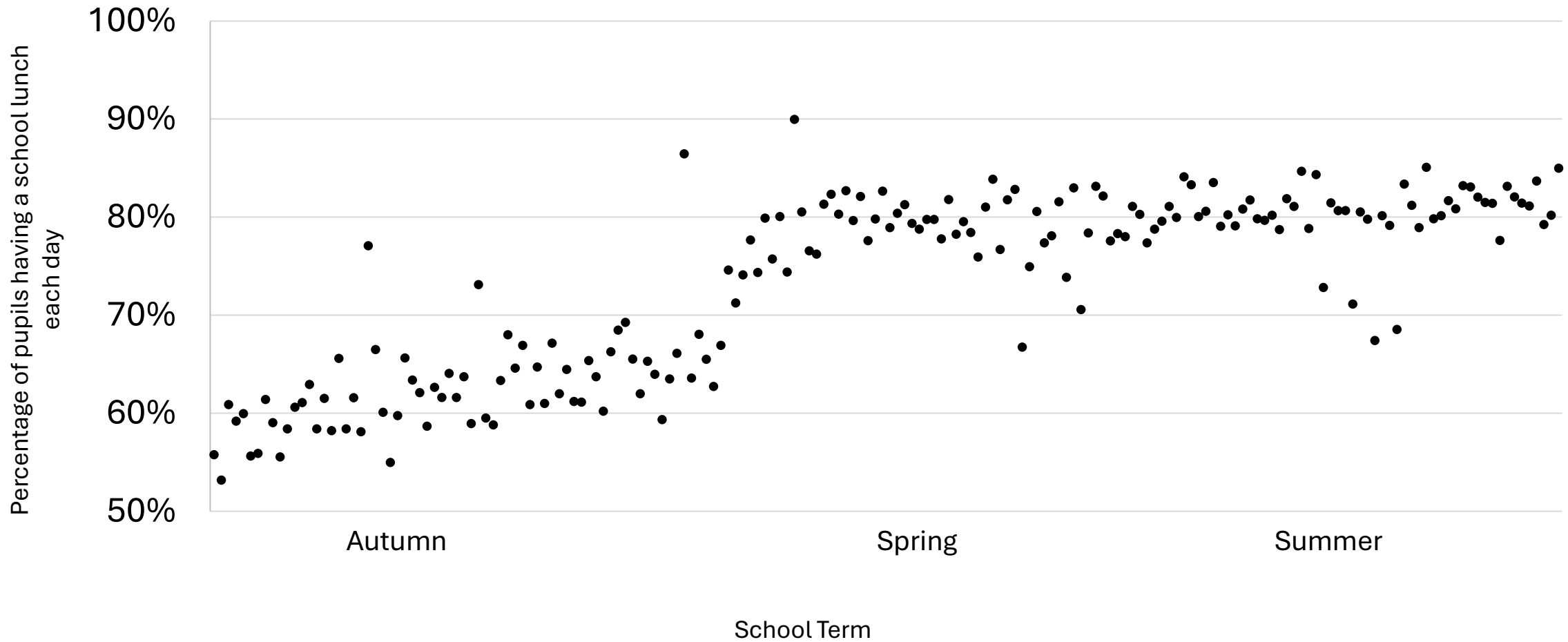
- School lunches free to KS1, and to those eligible in KS2 (household income below £7,400).
- 70,000 children from Yorkshire and the Humber living in poverty are not eligible for free school lunches under current criteria.
- School meal standards require lunches to be nutritionally balanced. Only around 1% of packed lunches are estimated meet the same standards.

Lunch Pilot: Westfield Primary School

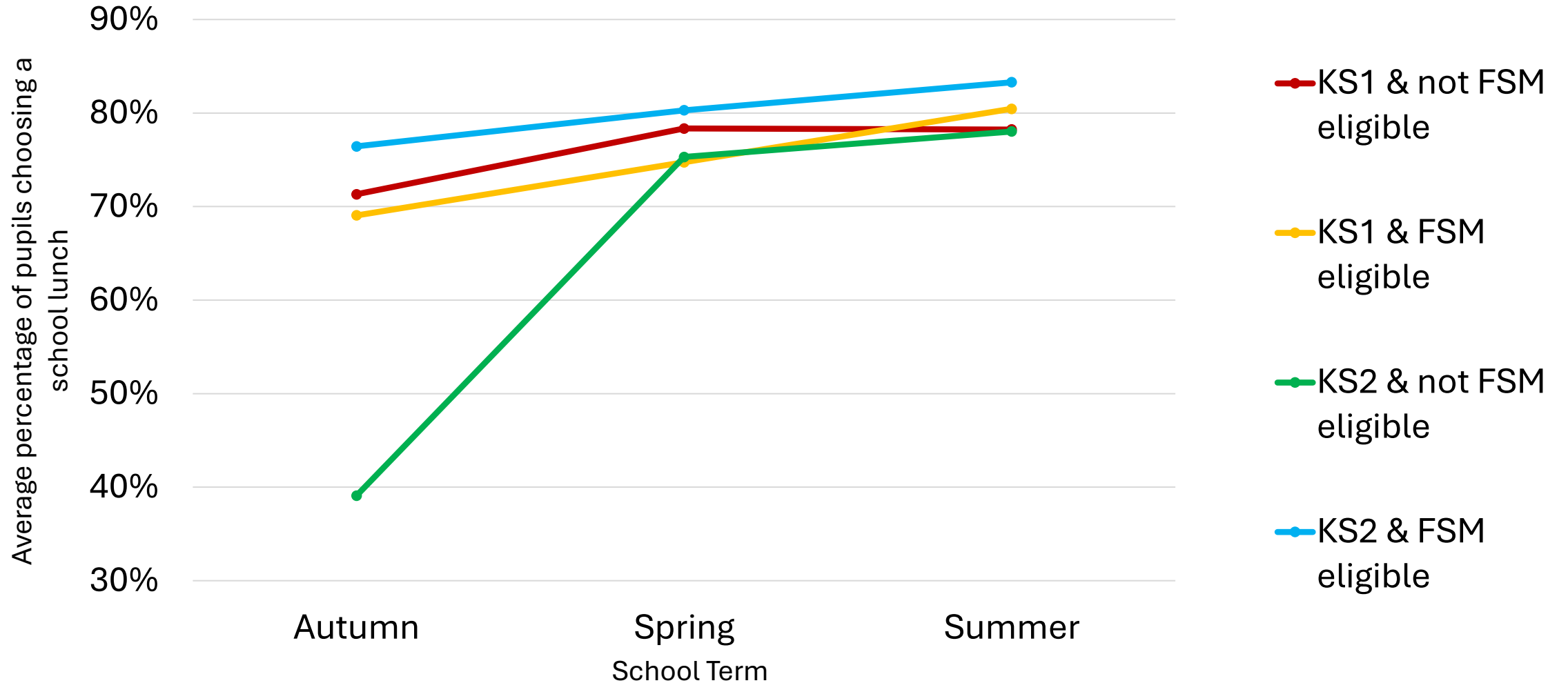
- Large school ~470 pupils, 36% are eligible for free school meals
- Lunch pilot: school meals free to all pupils removing cost of £2.50 per day for 177 (36%) pupils at the school.
- Pupils choose each day; packed lunch or school meal.



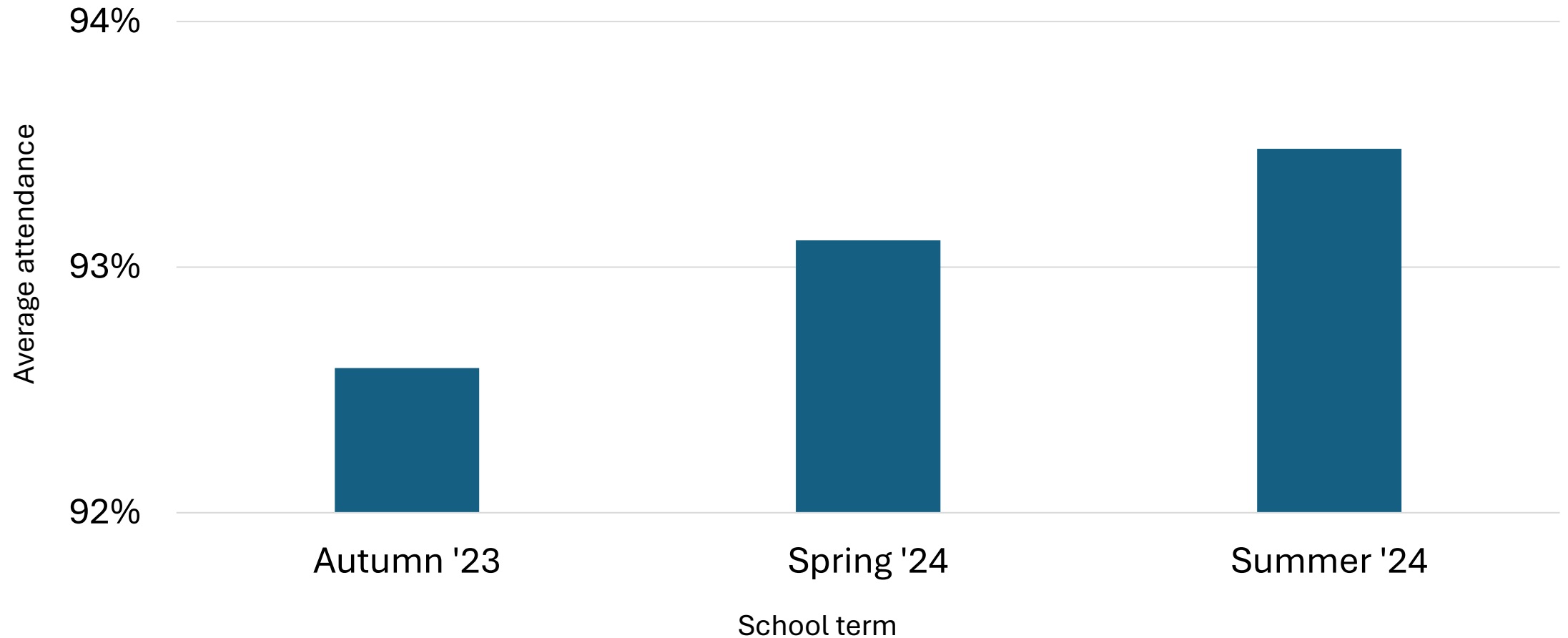
Lunch Pilot– uptake



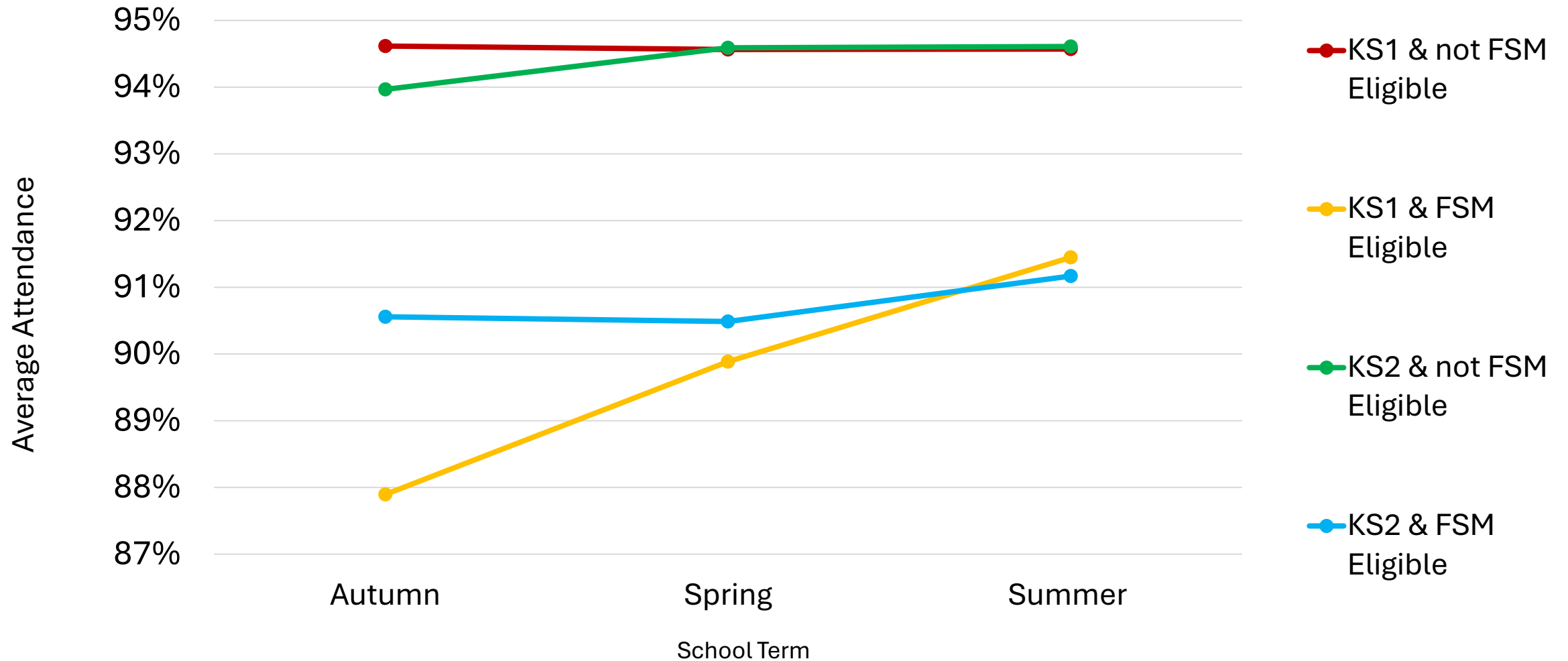
Lunch Pilot– uptake



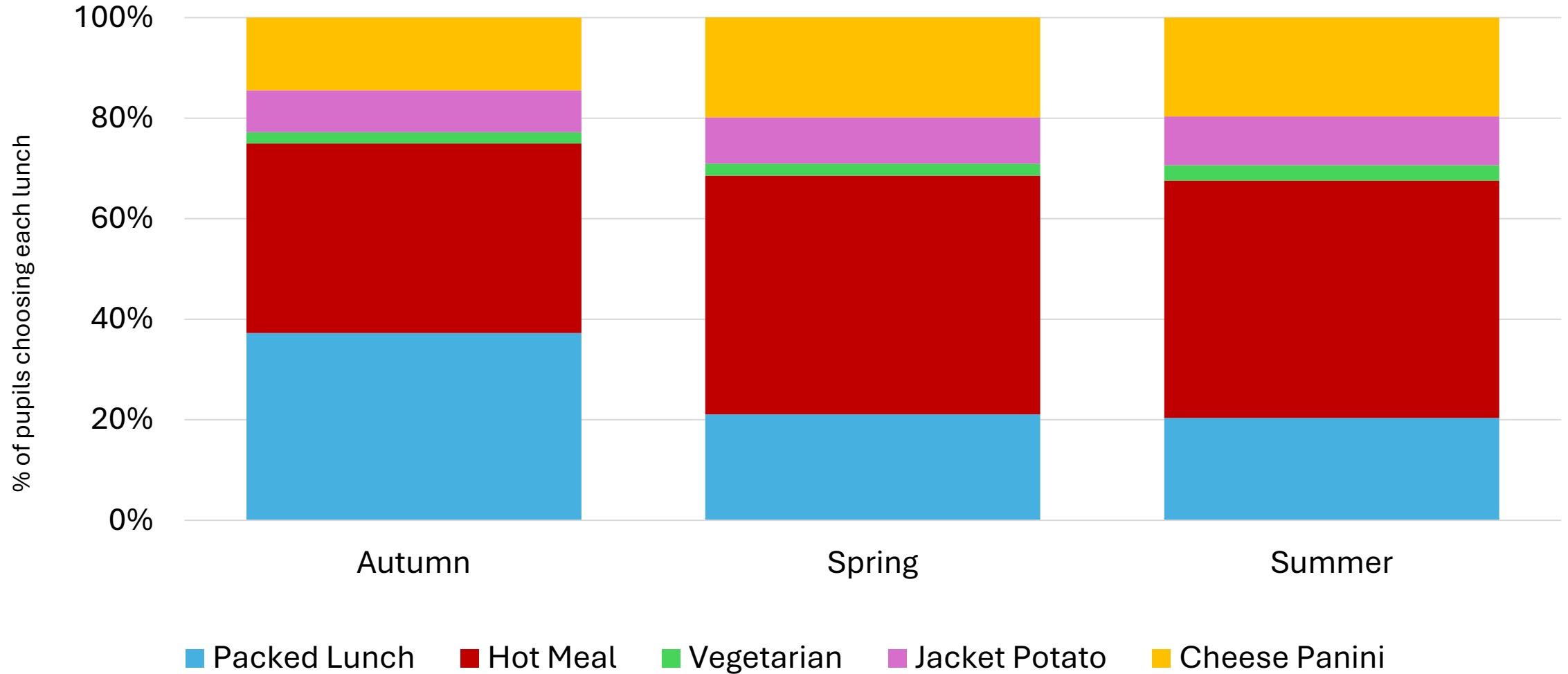
Lunch pilot - attendance



Lunch Pilot– attendance



School lunch choices



Summary of interim findings

Breakfast Pilot

- The breakfast club is used by around 60% of the school.
- Significantly more FSM eligible pupils attend the breakfast club regularly than those who are not eligible.
- Access to a breakfast club improves punctuality, and subsequent time in school & has lowered whole-school lateness.

Lunch Pilot

- A universal free school lunch programme has increased uptake in this school to around 80% .
- Greatest increase in uptake is seen in KS2 pupils that did not previously have access to free school meals.
- Universalism in school lunches reduced barriers that prevent children from accessing a school meal.